

Character Education

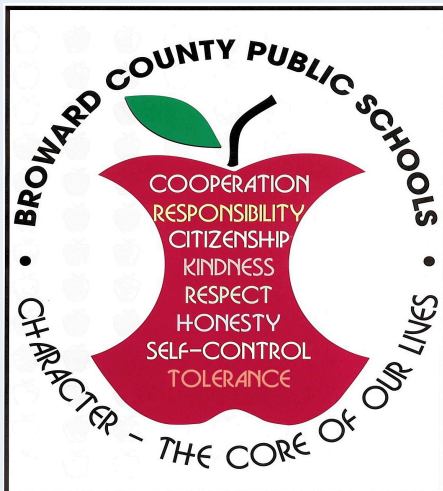
*Suggested Activities
Elementary*



January

RESPECT

Prevention Calendar January 2017



Inside this issue you will find:

- Alignment to Prevention Calendar.
- A variety of lessons and activities for all grade levels.
- Links to multiple additional resources and helpful websites.
- Social Emotional and Learning alignment.

Monthly Observances:

- [National Blood Donor](#)
- [National Mentoring](#)
- [Florida Jewish History](#)

Weekly Observances:

- [No Name Calling Week](#) (January 16th – 20th)
- [Healthy Weight Week](#) (January 16th – 20th)

Day Observances:

- January 1 – [Global Family Day](#)
- January 11 – [Human Trafficking Day](#)
- January 18 – [No Name Calling Day](#)
- January 27 – [International Holocaust Remembrance Day](#)



DEFINITIONS & QUOTATIONS

DEFINITIONS

Ideas on How to Use:

- Post character trait & definition around the school campus.
- Teachers use definitions to help students understand the meaning of the character development trait.

Respect is essential for becoming a healthy, happy, and productive person, and it is the basis for a free and civil society where each person does what he or she is expected to do. Following the Golden Rule of treating others with respect, being tolerant and accepting of differences. Respect is using good manners, not bad language. Respect is finding ways to deal with anger, insults, and disagreements 'Peacefully', and not being threatening, hitting or hurting others.

Definitions:

- Showing consideration, understanding, and regard for people, places and things.
- Courteous expression (by word or deed)
- Courteous regard for people's feelings
- A feeling of friendship and esteem
- Taking someone's feelings, needs, thoughts, ideas, wishes and preferences into consideration

Words of Wisdom

- Respect is something that is earned.
- Respect seems to be like a boomerang in the sense that you must send it out before it will come back to you.
- Treat other people the way you want to be treated.
- Listen to what other people have to say.
- Don't judge people before you get to know them?
- You don't have a necessarily love everyone but try and respect them.

QUOTATIONS

Ideas on How to Use:

- Display a quote each week. Share on morning announcements.
- Teachers post quotes in classrooms.
- Have students write about what the quote means to them.
- Have primary students draw a picture to go with the quote.
- Encourage students to create their own 'quote' that promotes monthly trait.

Grades K – 2

"Respect for ones parents is the highest duty of civil life."

– Chinese Proverb

"I have never been hurt by anything I didn't say."

– Calvin Coolidge

"You're better than no one and no one is better than you."

– Bob Dylan

Grades 3 – 5

"When you are content to be simply yourself and don't compare or compete, everybody will respect you."

- Laozi

"As we grow as unique persons, we learn to respect the uniqueness of others."

– Robert Schuller

"If you want to be respected by others the great thing is to respect yourself. Only by that, only by self-respect will you compel others to respect you."

- Fyodor Dostoevsky

"Respect your efforts, respect yourself. Self-respect leads to self-discipline. When you have both firmly under your belt, that's real power."

- Clint Eastwood

"If one doesn't respect oneself one can have neither love nor respect for others."

- Ayn Randy



Book List

Ideas on How to Use:

- In media center, designate a character trait “Featured Readings” section where books promoting the month’s theme are displayed and available for checkout.
- Have students read books, and then depict how the book exemplified the character trait.

Grades K – 2

Frederick’s Fables by Leo Lionni

In honor of the 30th anniversary of the publication of "Frederick", Knopf is pleased to issue an expanded collector's edition of Leo Lionni's timeless tales that celebrate the power of imagination and the human spirit. With the addition of three new titles — "Matthew's Dream, An Extraordinary Egg, and "Six Crows — this magnificent treasury now contains 16 unabridged stories, including three Caldecott Honor books and Lionni's inimitable full-color artwork gracing every page. Add a striking new cover and a fascinating introduction by the author, and this is a volume no Lionni fan will want to be without.

Chrysanthemum! by Kevin Henkes

This is a story about a little girl with a very special name, Chrysanthemum. When she goes to her first day of school, the kids make fun of her name because it's so long and the name is a flower. This vicious cycle continues until the music teacher defends Chrysanthemum; she admits that her name is long and that she, too, is named after a flower – Delphinium. This book is a great way to make kids feel special about them, even if they dislike parts of themselves. This book will make them feel special and unique, and it will also show them how mean kids can be and how to cope with it. Not once does Chrysanthemum lose her temper or fight.

Stellaluna By Janel Cannon

This award-winning picture book, a clever, original variation on the theme of the ugly duckling, follows the adventures of a lost baby fruit bat and her efforts to fit in. Accidentally dropped by her mother, helpless Stellaluna falls into a nest of bird fledglings, where she is graciously accepted as one of the family — as long as she acts like a bird and doesn't confuse her adoptive siblings. The little bat does her best, but she can't help wanting to fly at night or hang upside down to sleep. The only time poor Stellaluna feels as graceful as a bird is when she's flying.

Grades 3 – 5

Dork on the Run by Carol Gorman

Having spent his previous year as a “dork,” Jerry Flack is now attending school in another town where he has the opportunity to create a new reputation. However, when he campaigns for class president, he discovers that he may be risking the return of the “dork” image.

Sideways Stories from Wayside School by Louis Sachar

Episodes from the classroom on the thirteenth floor of Wayside School, which was accidentally built sideways with one classroom on each floor, are humorously told.

When Stories Fell Like Shooting Stars by Valiska Gregory

Two fables, the Fox's story and the Bear's story, tell about the futility of war and the power of myth, demonstrating respect for the powers of nature. Readers can decide which story they believe.

Activities

Have You Filled a Bucket Today? by Carol McCloud

Through simple prose and vivid illustrations, this heartwarming book encourages positive behavior as children see how rewarding it is to express daily kindness, appreciation, and love. Bucket filling and dipping are effective metaphors for understanding the effects of our actions and works on the well being of others and ourselves.

[Bucket Filler Lesson Plan](#)

Tonia the Tree by Sandy Stryker

Read the book *Tonia the Tree*. Choose one of the minor characters and as a class write a poem about him or her. Have each student copy the verse and illustrate it. Display it on a bulletin board.

Read two poems to the class: “*On Children*” by Kahil Gibran and “*Teach Your Children*” from the song by Crosby, Stills, Nash and Young. Discuss with the class what advice is given in each to the children to help them understand, tolerate and, therefore, show respect. In the discussion, present how what goes on in the world affects each generation.



Prevention Ideas

Monthly Observances:

National Blood Donor

[Pint Size Hero](#) (Kindergarten – Fifth)

[Circulatory System Lesson Plan: Heart Adventure Challenge Course](#) (K-5)

[The Gift of Life](#) (Grade 5)

National Mentoring

[ToolKit](#)

Florida Jewish History

[Jewish Museum of Florida](#)

Weekly Observances:

No Name Calling Week (January 16th – 20th)

[GLSEN](#)

[Gear Up for No Name Calling Week](#)

The Great Kindness Challenge (January 23rd – 27th)

[Register for the challenge](#)

Day Observances:

Global Family Day (January 1)

[Do One Thing](#)

No Name Calling Day (January 18)

See above No Name Calling Week

International Holocaust Remembrance Day (January 27)

Grades 4 - 5

[The International School for Holocaust](#)



School-wide

Ideas on how to use:

- Use suggested school-wide ideas to create a culture of character and address your schools need for a RTI Tier I – universal strategy.
- Any teacher or staff members that work with students can incorporate classroom ideas.

1 **PA Announcements**

Post this around the school to promote respectful behaviors:

R = Responsible behavior can show others your respect for them, yourself, and your environment.

E = Empathize with others so you can better understand them.

S = Self Control allows you to think it through before you act.

P = Politeness to others puts you into a respectful frame of mind.

E = Encouraging others shows you really care about their success.

C = Compassion to others demonstrates that you care.

T = Thoughtfulness puts others first.

2 **School Displays**

- Create a bulletin board that says “Hanging out with Respect”. Hang a different clothes fro a clothes line with all the different ways you can show respect.
- Create a bulletin board that says “Hanging onto Respect”. Label a big tree RESPECT. Hang monkeys from tree limbs. On each monkey label different ways to respect others, yourself or your environment.



SUBJECT
AREA
LESSON
PLANS

Ideas on How to Use This Page: Integrate character trait lesson plans into all subject area instruction. Lesson plans are specific to language arts, social studies, math/science, arts, health & physical education.

LANGUAGE ARTS

Grades K - 2

1. **Characters Who understand respect**

Discuss how a character in stories they are reading or have recently read, show the importance of respect.

Story	Character	How is he/she showing respect?

2. **What is respect?**

Have each student write a few sentences about what he/she could do to show what it means to respectful with others. Compile students' writings into a booklet or display on a bulletin board.

Grades 3 – 5

1. Have students keep a journal for one week that records how they showed respect for others and how others showed respect to them.
2. Have each students write a poem about someone in his/her life that he/she really respects. Discuss how the characters in literature students are reading show or don't show respect.

SOCIAL STUDIES

Grades K - 2

1. **Respecting People in Our Community**

As a class, discuss reasons why students should respect other people in their community. Example: Why we respect senior citizens.

2. **What my family thinks of respect**

Have students write the word respect on a piece of paper. Have family members write words that describe the meaning of respect for them on the paper. Discuss as a class.

Grades 3 – 5

1. **Character Biographies**

Have students write biographies of people they are studying and how those people showed that they have been respectful during their lives.

2. **Respect in History**

Discuss a historical issue or problem students have been studying and how that issue relates to the principles of respect, compassion and self control.

Lesson Plans [cont'd]



Photo Courtesy of Shutterstock

Activities

- Create a bulletin board with a picture of Martin Luther King, Jr. and the words, "I Have a Dream... Do You?" Have students write about a dream they would like to accomplish in their lifetimes and put them on the bulletin board.
- Discuss with the class the concept of lying. Discuss how lying is disrespectful and hurtful.
- Look at the comics in a daily newspaper. Find a cartoon character whose behavior exhibits respect. Find another whose behaviors show disrespect. Explain the difference wither by discussion or in writing.
- Brainstorm and list ways an individual shows respect for nature, animals, and the environment.
- Teach respect by example. Let the students see how the teacher respects the through genuine praise or recognition of a good effort or a task well done. Ask for their opinion and their help in finding alternatives to classroom

MATH/SCIENCE

Grades K – 2

1. Working respectful on Math Problems

Have students work together in groups on various math problems. Have each member of the group do one part of the whole problem.

2. Cooperating in Science

Have students in small groups on Science activity. Encourage cooperation and discuss how it went.

Grades 3 – 5

1. Have students discuss how math skills can be used to make positive contributions to our world.
2. Discuss why it is so important to respect the rules in math in order to solve problems.
3. Have students interview someone that is working in the math field. Have the student ask how the person's work helps promote the principle of respect.

ARTS

Grades K - 2

1. Visual Arts: Respect

Have students draw themselves doing actions that show that they are being respectful. Display drawings on a bulletin board.

2. Visual Arts: Respect Collage

Have students in small groups create a collage about what respect means to them. Encourage cooperation and discuss how it went.

Grades 3 – 5

1. Have students draw or paint a picture that shows respect for an individual or something in their environment.
2. Have students make colorful and creative RESPECT CARDS, each of which describes one action that shows respect for others. Have students put the cards on their desks, pick a card each day, and do what the card says to at least one person that day.
3. Have students write a song about respect to a familiar tune.

HEALTH

Grades K - 2

1. Showing Respect

Discuss with students how they feel when people are unkind to them. Facilitate the discussion so that the feelings identified by students are understood.

2. Showing Respect=Health

Discuss how showing the quality of respect builds healthy friendships. Have student write a few sentences about how showing respect and compassion about yourself and others will help you be healthy.



Lesson Plans [cont'd]

Grades 3 – 5

1. Cooperating with Others

Have students list what behaviors are necessary so that cooperation is occurring. They will describe how that benefit is good for themselves and others.

Examples	Benefits to Others	Benefits to Myself

2. Respect is Good for Everyone

Students need to take the list from the activity above and write a paragraph, which explains why using the positive behaviors listed are good for themselves and others.

PHYSICAL EDUCATION

Grades K - 2

1. Rules of One Sport

Make a list on the board of the main rules of one sport that children play. Have students discuss why it is important to be respect about the rules.

2. Respect & Teamwork

Before students play a game, encourage them to build healthy relationships by showing good sportsmanship and respect with their teammates and other teams. As they are playing affirm students who are showing good sportsmanship and respect.

Grades 3 – 5

1. Making a Game more Cooperative

Have students create a way to change a competitive game into a noncompetitive one. Have the class play the game and compare it to the original one.

2. Respect in sports

Have students make a list of specific ways team members need to be respectful when playing a sport. Discuss what negative consequences occur when not being respectful as a team.



LEAPS

[Leaps Lesson on Respect Beginners](#)

[Leaps Lesson on Respect](#)



School-wide [cont'd]

3

Special Events & Programs Character Pledge

Have the entire school recite this pledge at the same time every day of the week.

*I promise that each and every day
I'll show my good character at work
and at play.*

*I promise to do what is right and fair
Even when nobody else is there.*

*I'll improve my character, and soon
you will see
I've grown up to be the best person I
can be.*

4

Class Activities

Read “*The Giving Tree*” (Shel Silverstein), and “*The Rainbow Fish*” (Marcus Pfister). Each book can be read on the morning announcements or in each classroom. These books can help serve as springboards for discussions of desirable character traits such as kindness, generosity, respect and friendship.

For *The Giving Tree*: Create a classroom “giving tree” with butcher paper and pass out leaves for students to write what they can “give to the class. Glue the leaves onto the tree and headline it “The Tree of Respect.”

For *The Rainbow Fish*, make a large fish and many colorful “scales” with construction paper. Make enough smaller white scales for each child. Have students write kind and encouraging words about other students. Glue to fish and add in some silver foil scales and eyes.

Service Learning



Classroom Ideas

Class Discussion Topics

- Have each student draw an outline of himself/herself. Inside the head, students write how to respect their minds; in the body, students write how to respect their bodies; and where the heart is, how they can respect their own emotions.
- Have students write down three ways they can show more respect for others. Discuss as a class.
- Have students survey their friends, family, neighbors, etc. about what they think respect means and why it is important. Then have students write a short essay and share with the class.
- Have students discuss some current events where people on our society have shown respect.
- Have students in groups play a noncompetitive, cooperative game in which they can all participate equally.

Ideas on How to Use this Section:

- Promote school-wide service learning initiative/campaigns using provided ideas. (Do a 'service day'; encourage classes to do random service acts of kindness to other classes/staff, etc.)
- Engage school clubs/student council to lead service projects.

School Service-Learning

1. Have students show respect for nature and their school by landscaping and planting plants in an unused area on campus.
2. Assign each student a younger buddy to read with, tutor, or do other activities with. Have students write about their experience.
3. Connect students with international pen pals to engage in cross-cultural letter writing.
4. Make posters of the 3 C's of Respect – Caring, Courtesy and Consideration. Post around the school.
5. Students make a power point presentation, skit and song about behaviors that show respect and why respect is important. They can present this to other grades, PTA meetings, or to other schools.
6. Create a brochure about how your school shows respect. Print brochure and handout to new students and/or parents.
7. Start a school-wide recycling program. Create posters that explain how recycling shows respect to their environment.

Hands-on Activities/Projects

- Facilitate a class discussion on how people are alike and how people are different. Hold up two gift bags. One of these will be the better looking and very decorative. This bag should contain trash. Then hold up a plain bag. This bag should hold something of value or interest. Discuss how the appearance of the bags are the same and different. Then, ask the class, based on the outside appearance, which bag they would prefer. Discuss the reason for the choice. Show students the contents of the bag and ask if they would change their minds on their selections, after knowing the contents. Discuss the consequences of making judgments based only on outward appearances.
- Plan a field trip to the Humane Society. They will provide a tour of the building and discuss respecting/caring for animals.
- Have students write letters to their grandparents or other significant adults in their lives for whom they feel respect. In the letters, they should express their appreciation for the individual and explain why they feel the individual merits their respect.

Family Newsletter

Dear Parent:

Respect is a critical element in all healthy relationships. When children respect others, they treat people with consideration and courtesy and do not violate them physically or verbally. Respect for others should be woven into the fabric of each student's life and characterize all of their relationships. It is a fundamental character quality that prepares children to live productive lives as they relate to and work with others.

Respect for others is based on self-respect and self-respect in children comes from being treated with respect by their parents and other adult role models. Teaching children self-respect does not mean complimenting everything they do. They also need honest criticism. When we do criticize, we should focus on things they have done, not on them personally.

What You Can Do:

- Encourage your child to build a positive identity that focuses on his/her integrity and talents.
- Emphasize that character is built upon the decisions and actions a person takes.
- Help your child reach his/her full potential by encouraging him/her to develop their talents, set reachable goals and honor themselves as a unique person.
- Teach your child how to choose good values.



Character Education: Elementary

January



Diversity, Prevention & Intervention
Lauderdale Manors Early Learning &
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Fort Lauderdale, FL 33311
(754) 321-1655
Fax: (754) 321-1691

www.browardprevention.org

Email:

Kimberly.Young@browardschools.com

Six Ways to Teach Respect:

Do as I do - Children learn from the example show them.

Do as I say - Do as I say will be better received after "do as I do" has been taken care of.

Show them respect - Respect is not only about showing people who are older than you regard. It's about establishing in everyone's mind the dignity of the human person.

Teach them at an early age - It's never too late to teach and model respectful behavior but always start as soon as possible.

Negative and Positive Responses - Learn to show disapproval when they talk or act disrespectfully to others. When they act respectfully ALWAYS show your appreciation or approval of their actions.

Monitor their environment - When people come to your house, let them know that bad manners are strongly discouraged. The goal of your home is to make everyone feel respected.