Family Newsletter

Dear Parent:

A caring person is considerate, kind, compassionate and generous. A caring person takes into account how decisions, words and actions are likely to affect other people. Remind your child that they have the power to brighten another person's day through a simple act of kindness.

Ideas to Do as a Family

- Participate in a community service project with your child, which allows the family to show kindness towards others.
- As a family, discuss what you could do to show that you care about the environment, such as cleaning up a street, picking up trash, or starting a recycling program.
- As a family, identify things that you can do together to make a difference in someone else's life.
- Catch your child being kind and acknowledge how important that behavior is. This is a simple opportunity to reinforce how important being kind is in your family.
- Watch a television program together and talk about the various ways in which the characters acted uncaring or caring towards one another.
- Remember that the best teaching tool is to always model the behavior you want your child to learn. You are powerful role model for your child. If you are kind and helpful to other people that is what your child will learn from you.

Character Education: High

December

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Character Check
- Who in your life has taken care of you when you needed help? How did you feel as a result?
- Have you ever helped take care of someone or something?
- In what ways have you helped someone feel better?
- How do you feel when caring for others, showing kindness and being generous can improve your relationships with others?

Have family members talk about times they experienced their friends demonstrate kindness, generosity and/or caring.

What Wisdom Can you Find that is Greater than Kindness.