

## **Broward County Resiliency Center**

City of Parkland Amphitheater, Pine Trails Park 10561 Trails End, Parkland, FL 33076

## FREE WELLNESS SUPPORT GROUPS

STUDENT Support Group (Grades 9-12)

Mondays from 6 p.m. - 6:45 p.m.

**PARENT Support Group** 

Tuesdays from 6 p.m. - 7 p.m.

BCPS SCHOOL STAFF Support Group

Thursdays from 4 p.m. – 5 p.m.

KNITTING Support Group (Max 12 participants)
Located at Rec Center Activity Room 4

Open to adults 5:30 p.m. to 7:30 p.m.

Call 754-321-1590 to reserve your space

For assistance between 9 a.m. – 5 p.m., please call the Hot-line at 754-321-HELP (4357), after 5 p.m., dial **2-1-1**Text "FL" 741741 to be connected with a counselor

For additional resources online,
visit browardschools.com/CrisisSupport
To offer your support or services to the community,
visit browardschools.com/WeSupport

The School Board of Broward County, Roido, prohibits any policy or procedure which results in discrimination on the basis of age, color, disability, gender identity, gender expression, national origin, marital status, roce, religion, sex or sexual orientation, individuals who wish to file a discrimination and/or horassment complaint may call the Director, Equal Educational Opportunities/ADA Compliance Department at 754-321-Opportunities/ADA Compliance Department at 754-321-Opportunities/ADA Compliance Department at 754-321-2158. Individuals with Disabilities Act Amendments Act of 2008, (ADAAA) may call Equal Educational